



Breakfast menu – all day

Bacon and Eggs fried, poached, scrambled with toasted sourdough Extra's: Mushroom, Tomatoes, and Avocado	ten fifty + two fifty, ea
House made muesli with seasonal fruit + yoghurt	ten fifty
Fruit toast	four fifty
Toasted sourdough with house made jam or marmalade	five
* Gluten free bread is now available	

Fresh sandwiches

Chicken, mayo, lettuce	eight
Egg and lettuce	seven fifty
Gypsy ham and mustard	eight
Tuna, red onion, rocket, spinach	eight fifty

Sandwiches

Reuben sandwich Pastrami, Swiss cheese, dill, coleslaw + relish	eight fifty
Egg and bacon sandwich	eight fifty
Toasted ham, cheese and tomato	eight

Sandwiches Continued...

Bacon, Lettuce, Tomato (B.L.T)

eight

Avocado egg open sandwich
with red onion, sundried tomato

eight fifty

Feta Avocado Tomato (F.A.T)
+ herb mash on toasted sourdough
with poached egg

nine fifty

+ three

Zucchini Bacon Slice
gluten free

six

Salad

three

Seasonal Specialties

Autumn 2014

Pear and fresh date muffins
made with spelt flour

Clementine Cake
made with Clementine mandarins

Winter 2014

Sweet potato soup

Pumpkin soup

Potato and leek soup

Pea and ham soup

All seasonal items priced on day of serving. See specials board located at counter.